

MaineHealth
Learning Community

Reconnecting the Mind and Body

Mental Health in Primary Care

Highlights and Wrap-up

Turning Information into Action

Highlights...

- The Complex Patient
- Psychotherapy
- Motivational Interviewing
- Dealing with Sexual Side Effects, Anxiety
- Dementia
- Emotional Wellbeing
- So much more!

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Rx for Improvement

I am committed to taking the following actions to
improve the way that I care for patients:

I will: _____

I will: _____

Circle the number that represents your confidence in completing these actions.

0 1 2 3 4 5 6 7 8 9 10
Not sure at all Somewhat sure Very sure

Name: _____ Date: _____

Not sure how to get started? Need help? Contact the MaineHealth Learning Community! We offer: Regional Improvement Meetings, Practice Networking, Practice Improvement Series Meetings (PRISMs), and other tools and resources.

Visit our website: <http://www.mpho.org/MHLC>
to learn more!

Your Rx for Improvement

- What is one idea to turn information into action?
- What's one new tool you can use?
- What can YOU do to help make that happen?

CME! PRISM 8 Survey

- Will be in your email 'inbox' on Tuesday, May 19th
- You will have 2 weeks to complete
- Must complete if you want CME
- Your feedback is important!

Today's Conference Materials

Hand-outs, presentations and articles
available on Maine PHO website:

<http://www.mpho.org/mhlc>

Coming Up Next: PRISM 9

OVERWEIGHT

Evidence and Insights from the Front Lines

OBESITY

September 17, 2009

Be sure to register today!

8am – 3:30pm

Harraseeket Inn, Freeport, ME

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Triple Aim – Concept Design

Optimize the health system taking into account three dimensions:

- The **health** of a defined population
- The **experience** of the individual
- Per capita **cost** for the population

2010 PRISMs

- PRISM 10 – January 21, 2010
 - ✓ Population Health
- PRISM 11 – May 20, 2010
 - ✓ Patient Experience
- PRISM 12 – September 23, 2010
 - ✓ Cost and Efficiency

Interested in Other Learning Community Offerings?

- Having a Regional Improvement Meeting?
- Practice Networking?
- Signing up new providers to the MHLC?

Contact:

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MaineHealth Learning Community

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Thank you!

PRISM 8
A Practice Improvement Series Meeting

Sponsored by MaineHealth and the Maine Physicians-Hospital Organization

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