

MaineHealth
Learning Community

A Partnership of MaineHealth and the Maine Physician Hospital Organization

Welcome!

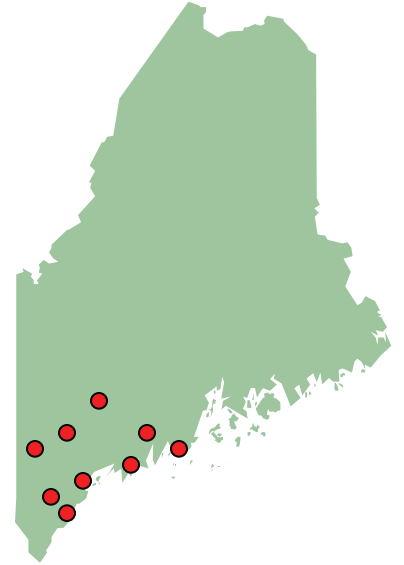
How many attendees

- Are attending a PRISM for the first time?
- Have been to one previous PRISM?
- Have been to more than one previous PRISM?

Please tell us if you are a...

- Practice nurse or MA
- Practice physician, NP, or PA
- Practice administrator
- Other practice support staff
- MH, MMC, or MMC PHO staff
- Other

MaineHealth



- Established in 1997
- Multiple partners:
 - ✓ 11 Hospitals
 - ✓ Maine PHO, Providers
 - ✓ NorDx Labs, HomeHealth, Long term care
- Mission: “Working together to make our communities the healthiest in the U.S.”
- Supporting practice improvement through Clinical Integration programs & tools, PHO outreach

MainePHO

MaineHealth

- 387 PCPs, 937 Specialists in southern and central Maine which includes MMC, SOCHS, KRHA, and SMMC PHOs
- Mix of owned & independent practices
- Transitioned in 2003 from contracting to quality improvement focus
- Provides support to physician practices through technical assistance for QI, CIR, care management

MaineHealth

Learning Community

Learning Community...

- Partnership of MaineHealth and Maine PHO
- Wider, more flexible range of education & outreach options for busy practices
- Alternative approach to traditional single-disease learning collaborative
- Opportunities to reach larger number of practices
- Active effort to foster cross-condition approach improvement

Learning Community Offerings...

Practice Improvement Series Mtgs. PRISMs

- Day-long sessions occurring 3x per year
- For practice teams and other healthcare professionals to learn about the Care Model and quality improvement methodologies in addition to disease specific content
- National & regional speakers/Cat 1 CME Credits
- Offer an experience that inspires participants to use new information and reinvigorates process improvement

Regional Improvement Meetings

RIMs

- Education & training sessions delivered locally – when & where you need them!
- Topics of your choice – e.g.
 - ✓ Building effective teams in a busy practice
 - ✓ Diabetes tools of the trade
 - ✓ What you must know about Asthma / COPD
 - ✓ Gearing up for Falls Assessments
 - ✓ Other??
- Complete a request today!

Practice Networking

- Opportunity to visit, learn from other practices
- Potential topics – see how others have done it
 - ✓ Open access scheduling
 - ✓ Organizing your team
 - ✓ Preparing for EMR implementation
 - ✓ Plus many other topics

Educational Tools & Information

- MH, MPHO educational tools, information, offered through website www.mpho.org/mhlc
- MH Clinical Integration provider tools
- Patient education & self-management tools
- E-Learning modules
- Links to other regional & national resources
- Quarterly e-news letters

MHLC - Who Can Participate?

- Open to any PCP practice
- No charge for participation
- Expectations (minimal) for some offerings:
 - ✓ Outreach visits to offices
 - ✓ Practice Networking

Rx for Improvement

MaineHealth

Learning Community

Rx for Improvement

I am committed to taking the following actions to
improve the way that I care for patients:

I will: _____

I will: _____

Circle the number that represents your confidence in completing these actions.

0 **1** **2** **3** **4** **5** **6** **7** **8** **9** **10**
Not sure at all Somewhat sure Very sure

Name: _____ Date: _____

Not sure how to get started? Need help? Contact the MaineHealth Learning Community! We offer: Regional Improvement Meetings, Practice Networking, Practice Improvement Series Meetings (PRISMs), and other tools and resources.

Visit our website: <http://www.mpho.org/MHLC>
to learn more!

Your Rx's??

- How many of you were able to follow through with your Rx pledge from the January PRISM?
- Give some thought to your Rx and complete today!
- Those who complete an Rx will be eligible to participate in today's raffle!

MaineHealth
Learning Community

PRESENTS

PRISM 8

Reconnecting the Mind and Body

Mental Health in Primary Care

Today's Session Goals

- To devise effective evidence-based strategies and practical innovations for integrating Mental Health into Primary Care
- To Learn and share knowledge with others through the MaineHealth Learning Community

Keynote

Dr. Macaran “Mac” Baird

Assessing Patient Complexity:
A Person-Centered Approach to Care