

Fluoride Varnish: *An Effective Tool for Preventing Dental Caries*

The quality of evidence for the efficacy of high-concentration fluoride varnish in preventing dental caries in children is high. To be most effective, fluoride varnish application should occur before dental caries develop and therefore should be started in infancy. For more information, go to National Maternal and Child Health Oral Health Resource Center at: <http://www.mchoralhealth.org/materials/newOHRC.html>

For more information: Susan Cote, RDH, MS Program Manager at COTES4@mainehealth.org or 662-6309.