

Group Facilitation Self-Assessment

Julie M. Schirmer, LCSW, Ed Shahady, MD,
Carmen Strickland, MD, Mary Talen, PhD

1. Think about a group that you have either led or have been part of.
When you think about the facilitation, what made it particularly good?

What detracted from the process?

2. If you have been responsible for a group, what got in the way of your facilitation? Or, if you have never run a group before, what gets in the way of your facilitation? (barriers)

3. What would you want to do to improve your facilitation skills?

4. What help/support do you need to improve your facilitation skills?