

NEW Guidelines Recently Published on the Diagnosis of Diabetes:

The American Diabetes Association has just released its 2010 guidelines which now include the use of the HbA1c test to diagnose both, pre-diabetes and diabetes. The guidelines hold certain nuances, such as the vitality of a standardized procedure for the assay, and that the "Point-of-care A1C assays are not sufficiently accurate at this time to use for diagnostic purposes." Please review the information at the link below. In the coming weeks MaineHealth and the MMC-PHO will continue to provide information on this and other important revisions in the guidelines: http://care.diabetesjournals.org/content/33/Supplement_1/S11.full