

MaineHealth
Learning Community

Practice Improvement Series Meeting (PRISM) 6 Agenda

Preparing for an Aging Maine

Thursday, September 25, 2008 ~ Harraseeket Inn, Freeport, Maine

Goals: To devise effective evidence-based strategies in preparing for an aging Maine population to improve care and outcomes.
To understand opportunities for learning and sharing knowledge with others through the MaineHealth Learning Community.

7:45 a.m. Registration and Breakfast

<p>Casco Bay Room 8:00 – 8:15 a.m. Welcome and Introductions, Vance Brown, MD, CMO, MaineHealth</p> <p>8:15 – 9:10 a.m. PLENARY SESSION: Using Practice Teams to Improve Efficiency and Quality of Care for Older Adults Ron Stock, MD, MA, Geriatric and Care Coordination Services, PeaceHealth, Oregon Region. Dr. Stock will discuss how you can use practice re-design to build your team to improve outcomes of your older adult patients by improving efficiencies in roles, responsibilities, and administrative tasks.</p>

9:10 – 9:20 a.m. BREAK—Workshop Transition Time

9:20 – 10:10 a.m. WORKSHOP 1: Choose one of the following sessions based on your interest.

<p>Kennebec Room → Osteoporosis: Bone Up on the Facts and Treatments <u>Presenter:</u> Daniel Spratt, MD, Director, Reproductive Endocrinology and Infertility, MMC <u>Goals:</u> ❖ To understand the guidelines for screening for and evaluation of osteoporosis. ❖ To understand current indications and options for treatment of osteoporosis.</p>	<p>Cathance Room → Medication Management and Reconciliation in the Ambulatory Care Setting <i>Session Repeats at 10:20 a.m.</i> <u>Presenter:</u> Ron Stock, MD, MA, Geriatric and Care Coordination Services, PeaceHealth, Oregon Region <u>Goals:</u> ❖ Understand the issues and complexities of managing medications in the ambulatory setting. ❖ Describe ambulatory medication management processes that improve quality and safety.</p>
<p>Sassanoa Room → Round Table Discussion with Vance Brown <u>Presenter:</u> Vance Brown, MD, Chief Medical Officer, MaineHealth <u>Goal:</u> ❖ Provide attendees with an opportunity to meet the new MaineHealth CMO and have the opportunity to participate in a round table discussion.</p>	<p>Androscoggin Room → Community and Practice Partnerships for Patient Self-Management <u>Presenters:</u> Janet Sawyer, Health Educator, MaineGeneral; Mary McDonough, Practice Administrator, MMC Family Practice; Anne Murray, AgeWell Coordinator, Southern Maine Agency on Aging <u>Goal:</u> ❖ To understand the roles of the medical provider’s office and the community agency in promoting and providing the <i>Living Well ...for Better Health</i> workshops.</p>

10:10 – 10:20 a.m. BREAK—Workshop Transition Time

10:20 – 11:10 a.m. WORKSHOP 2: Choose one of the following sessions based on your interest.

<p>Kennebec Room → Complementary and Integrative Medicine for an Aging Maine <u>Presenter:</u> Craig Schneider, MD, Director of Integrative Medicine, Faculty Physician, MMC <u>Goals:</u> ❖ To gain a better understanding of CAM and Integrative Medicine, their similarities and important differences. ❖ To increase awareness of how common CAM and Integrative Medicine use is in the elderly population.</p>	<p>Cathance Room → Medication Management and Reconciliation in the Ambulatory Care Setting <u>Presenter:</u> Ron Stock, MD, MA, Geriatric and Care Coordination Services, PeaceHealth, Oregon Region <u>Goals:</u> ❖ Understand the issues and complexities of managing medications in the ambulatory setting. ❖ Describe ambulatory medication management processes that improve quality and safety.</p>
<p>Androscoggin Room → Depression and Older Adults <u>Presenter:</u> Glenn Prentice, MD, Staff Psychiatrist, Geriatric Psychiatry, MMC <u>Goals:</u> ❖ Review developmental task of aging that contribute to depression in the elderly. ❖ Improve understanding of obstacles to diagnosis and treatment of depression in the elderly.</p>	<p>Sassanoa Room → Practice Networking: An Open Forum Discussion <u>Facilitators:</u> Gail Mazzone, CTT+, MMC PHO; Paul Begin, Program Coordinator, MaineHealth <u>Goals:</u> ❖ To provide a clear understanding of the Practice Networking concept. ❖ To aid in the facilitation process of Practice Networking.</p>

11:10 – 11:20 a.m. BREAK—Workshop Transition Time

11:20 – 12:10 a.m. WORKSHOP 3: Choose one of the following sessions based on your interest.

Kennebec Room

→ **Diagnosis and Treatment of Dementia and Alzheimer’s Disease in Primary Care**

Presenter: Ron Baily, MD, MMC Geriatric Center

Goals:

- ❖ Identify advantages of early dementia diagnosis.
- ❖ Recognize patients where very brief cognitive screening can be appropriate. (Example: Mini Cog.)

Cathance Room

→ **Care Transitions and Older Adults: Building a Patient Centered Team**

Presenters: Elaine McMahon, RN, MS, MaineHealth Lydia Alberghini, RN, BSN, ACM, MMC PHO

Goals:

- ❖ Briefly review the potential for fragmented care during the transition from hospital to home.
- ❖ Learn the basic components of the Care Transitions Program and its benefits to patients and caregivers.

Androscoggin Room

→ **Pay for Performance/Quality Programs: NCQA, Pathways to Excellence, Nuts and Bolts**

Presenters: Sue Butts-Dion, Project Manager, MaineHealth Management Coalition Pathways to Excellence

Goals:

- ❖ To understand the transition from earning quality recognition in Maine’s Pathways to Excellence program to acquiring national quality recognition; what options exist.
- ❖ Identify what a practice should consider when choosing to submit to a National Recognition Program (NCQA, BTE).

Sassanoa Room

→ **Using Technology to Enhance the Care of Older Adults**

Presenters: Mia Millefoglio, Vice President, Development and Marketing, HomeHealth Visiting Nurses; France Carrier, RN, TeleHealth Supervisor, HomeHealth Visiting Nurses

Goals:

- ❖ To provide participants with information about telehealth technology and its impact on chronic disease groups.
- ❖ Hold a discussion on the summary of findings, opportunities, and barriers to implementation.

12:10 – 1:10 p.m. Networking Lunch Casco Bay Room

1:10 – 2:00 p.m. WORKSHOP 4: Choose one of the following sessions based on your interest.

Kennebec Room

→ **Palliative Care**

Presenter: David Giansiracusa, MD, Director, Center for Pain and Palliative Care, MMC

Goals:

- ❖ Gain a deeper understanding of what palliative care is.
- ❖ Understand the assessment and treatment of the patient and family from a palliative care perspective.

Cathance Room

→ **Fall Prevention in Primary Care Practice**

Presenters: Joel Botler, MD, Medical Director, Elder Care Services, MaineHealth, Elaine McMahon, RN, MS, MaineHealth Elder Care Services, MaineHealth

Goals:

- ❖ Review the major risk factors among older adults.
- ❖ Learn the basic components of a multifactorial fall risk assessment and appropriate interventions.

Androscoggin Room

→ **Current Best Practice for Patients with COPD**

Presenter: Stephen A. Mette, MD, Director, Division of Pulmonary and Critical Care Medicine, MMC

Goals:

- ❖ Understand the definition, diagnosis, pathogenesis, and classification of COPD.
- ❖ Review the four components of COPD management.

Sassanoa Room

→ **The Aging Workforce: Opportunities and Challenges for the Practice Team**

Presenters: Vance Brown, MD, Chief Medical Officer, MaineHealth; Linda Mallard, Practice Manager, GPMA

Goal:

- ❖ Participants will be expected to reflect on the implications of the aging workforce on their office organizations and what adaptations will be required to optimize their workplaces to accommodate their aging provider and support work teams.

2:00 – 2:20 p.m. Dessert Casco Bay Room

Casco Bay Room

2:20 – 3:00 p.m. PLENARY SESSION: Screening and Intervening in the Addicted Elder

Joe Dreher, MD, Attending Physician for Psychiatric Consultation, MMC Family Practice

Goals:

- ❖ Gain an appreciation of the emerging problem with substance misuse in the older population.
- ❖ Understand some differences in interviewing with an elder with substance misuse.

3:00 – 3:15 p.m. PLENARY SESSION: Senior Moments Seacoast Repertory Theatre, Portsmouth, NH

3:15 – 3:30 p.m. HIGHLIGHTS OF THE DAY: Turning Information into Action

Joel Botler, MD, Medical Director, Elder Care Services, MaineHealth

Closing remarks and prize drawing – be present to win!

Disclaimer: As a participant of this conference, I hereby waive all rights to privacy or compensation which I may have in connection with the use of my name, picture, portrait, likeness or voice, or any or all of them. If you would like to opt out of this agreement, please see Paul Begin, MHLC Program Coordinator.