

MaineHealth  
**Learning Community**

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A Partnership of MaineHealth and the Maine Physician Hospital Organization

## Interactive webinar!!

### **Adolescent Obesity Counseling in the Office Setting**

Friday, June 12, 2009

1:00 p.m.-2:00 p.m. Eastern Standard Time.

Sponsored by NICHQ - National Initiative for Children's Healthcare Quality

#### **Did You Know...**

- Childhood and adolescent obesity is on the rise at an alarming rate.
- Nearly one in ten adolescents have been diagnosed with metabolic syndrome this year, putting them on a path toward cardiovascular disease and type two diabetes as they reach adulthood.
- How can we prevent these numbers from increasing?
- What does this mean for the future of adolescent health?

**TUNE IN** to explore these issues and discuss initial methods of obesity management. In addition, our guest speaker, Dr. Goutham Rao, will evaluate a new behavioral change approach for counseling in the office setting.

#### **REGISTRATION:**

- **Interested in participating for no charge?** MaineHealth will sponsor a site at 465 Congress Street, Suite 701 in Portland - please contact Naomi Schucker at [andern@mainehealth.org](mailto:andern@mainehealth.org) ASAP.
- **Site Registration is \$59.** which offers access for unlimited attendees per organization.
- To register your office site and for more information please visit:  
<http://guest.cvent.com/EVENTS/Info/Summary.aspx?e=05990e4d-a2df-4040-b85b-5233567837ed>.