

MaineHealth

Learning Community

A Partnership of MaineHealth and the Maine Physician Hospital Organization

Blood Pressure Review and Update Program – FREE In-Service and Webinar offered

- Would you like to remain up-to-date on the latest blood pressure guidelines and techniques?
- Are you a veteran physician, nurse or medical assistant who hasn't had an update on blood pressure measurement techniques in years, if ever?
- Are you concerned with blood pressure measurement accuracy in your office?
- Is your practice working towards acquiring the National Commission on Quality Assurance's (NCQA) Heart/Stroke or Diabetes recognition?

If you answered yes to any of the above questions, the MaineHealth Cardiovascular Health Program's Staff has a free program to offer you!

Created in partnership with the Maine Heart Center and MMC PHO, this program focuses on:

- Updating providers on how to take accurate blood pressure measurements
- Discussing current blood pressure guidelines
- Briefly reviewing important blood pressure basics, including Maine's blood pressure statistics and hypertension's effects

The program will be delivered in a variety of formats to meet the needs of different practices, including:

- In-person Regional Improvement Meeting (RIM) presentations conducted by registered nurses
- Webinar (accessible at any time)
- Paper-based modules can be made available upon request

Also included in the program at no charge:

- CME credits for physicians (DOs and MDs) and medical assistants. Nurses may submit non-physician certificates from the American Medical Association for credit.
- Blood Pressure Measurement Quick Guide for Screeners (cheat sheet for clinicians on accurate technique)
- Copies of the latest blood pressure guidelines
- Access to free blood pressure and hypertension patient education tools via the Clinical Integration ordering site
- A chance for a different clinician each month to win a free high-grade stethoscope!

To sign-up for the in-person RIM for your practice or for more information, please contact Cassandra Cote Grantham, Program Manager for CVH at cotec1@mainehealth.org or 541-7578.

This RIM is available immediately! The Webinar will be online shortly – stay tuned for more information on how to partake in this e-opportunity!