

MaineHealth Learning Community

A Partnership of MaineHealth and the Maine Physician Hospital Organization

Overweight & Obesity PRISM: Preliminary Results

For those of you who were able to attend the MaineHealth Learning Community's September 17, 2009 PRISM on Overweight & Obesity, We're sure you'll attest that it was one of our most popular PRISMs that we've ever sponsored. In addition to having the highest attendance recorded thus far, our preliminary evaluation results indicate the following statistics.

Of those who have completed the evaluation:

- 100% felt the conference was professionally organized and flowed well
- 90.5% felt our Keynote presentation was either helpful or very helpful
- 97% would be likely or very likely to implement new strategies as a results of what they learned
- 90.4% rated the conference as a whole to be valuable or very valuable
- 91% felt that we achieved our stated goals
- 99% would be likely or very likely to attend future PRISMs

A few of the participant's highlights from the conference include:

- "The interactive environment between providers is very helpful, getting an opportunity to hear what others are doing in the community."
- "Networking with other providers; also the talk on infancy and obesity was wonderful and very thought provoking."
- "Each session was great. Enjoyed networking."
- "I liked the encouraging of people to walk and use a pedometer."
- "The handouts were excellent, small group discussions good; the way that people talked about the difficulties of initiating weight discussions was helpful."
- "High level of interest by participants."
- "Dr. Washington's talk. He was AWESOME!"

Conference Materials Available Online!

You can now review electronic versions of all the presentations and handouts from the Overweight and Obesity conference by visiting our website. [Click here.](#)

Be sure to periodically check our website and quarterly e-newsletters for more information on future PRISMs and other Learning Community offerings.