

AUDIT-C ALCOHOL SCREENING

1. How often did you have a drink containing alcohol in the past year?

Never (0 points)

If you answered never, score questions 2 and 3 as zero.

Monthly or less (1 point)

2 to 4 times a month (2 points)

2 or 3 times per week (3 points)

4 or more times a week (4 points)

2. How many drinks did you have on a typical day when you were drinking in the past year?

1 or 2 (0 points)

3 or 4 (1 point)

5 or 6 (2 points)

7 to 9 (3 points)

10 or more (4 points)

3. How often did you have 6 or more drinks on one occasion in the past year?

Never (0 points)

Less than monthly (1 point)

Monthly (2 points)

Weekly (3 points)

Daily or almost daily (4 points)

The AUDIT-C (Alcohol Use Disorders Identification Test – Consumption) is scored on a scale of 0 to 12 (a score of 0 reflects no alcohol use). A score of 3 or more in older adults is considered positive and suggests the need for further evaluation. Generally, the higher the AUDIT-C score, the more likely it is that the patient's drinking is affecting his or her health and safety.