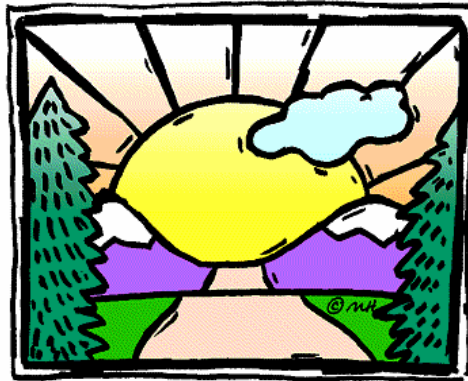


Annual Fall Diabetes Clinical Update Conference

Diabetes Management: *Change Brings Promise*



**Sunday Evening, October 21 – Tuesday Noon, October 23, 2007
Sheraton South Portland Hotel**

Sponsored by:

Maine Association of Diabetes Educators (MeADE)

Maine Diabetes Prevention & Control Program (DPCP) / Maine CDC / DHHS

Continuing Education Credits

Application has been made for continuing education credits from:

- American Nurses Association of Maine, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation
- American Dietetic Association
- Maine Commission on Pharmacy

Application has also been made for continuing medical education credits to:

- American Medical Association (Category I CME)

You may also register online at www.mainediabeteseducators.org

About the Conference

The goal of this conference is to enhance the knowledge and skills of health professionals who assist individuals with diabetes to manage their condition in the ever-changing environment of diabetes care by providing the latest tips, strategies and updates.

About the Sponsoring Organizations

Maine Association of Diabetes Educators (MeADE)

MeADE started to meet on a regular basis in 2005 and was chartered as a chapter of the American Association of Diabetes Educators (AADE) in August 2006.

The purposes of MeADE are to:

- To provide diabetes educators with a forum for learning opportunities/continuing education through meetings, workshops, and networking.
- To ensure quality diabetes self-management education for individuals with diabetes based on the national standards of care and lifestyle management for the prevention of diabetes mellitus.
- To promote leadership within the local diabetes community.
- To promote AADE's legislative agenda pertinent to the diabetes educator and individual with diabetes.
- To promote membership in AADE.

To learn more about MeADE, including how to join, go to www.mainediabeteseducators.org.

Diabetes Prevention & Control Program (DPCP)

The Diabetes Prevention & Control Program (DPCP) is funded through a cooperative agreement from the Centers for Disease Control and Prevention, Division of Diabetes Translation to implement a state-based program focused on the prevention of complications and premature mortality among people with diabetes. The program is also funded to address systems change and wellness of people with diabetes. The DPCP is located within the Division of Chronic Disease at the Maine Center for Disease Control & Prevention, Maine Department of Health and Human Services.

Who Should Attend

Diabetes educators and health care providers including: nurses, dietitians, nurse practitioners, pharmacists, social workers, physicians, physician assistants, physical therapists and other health professionals interested in diabetes care.

Learning Objectives

At the completion of the conference, participants will be able to:

- Discuss the seven major behavioral factors that contribute to problematic self-management in diabetes
- Identify simple strategies for assessing each of the seven factors
- Describe practical methods for addressing each of the seven major factors & enhancing diabetes self-care
- Describe the comorbidities associated with sleep disordered breathing & effects on pertinent body systems
- List treatment options for sleep disordered breathing (SDB)
- Identify basic guidelines for management of diabetes
- Discuss basic principles of insulin pump therapy
- Identify issues and treatment for individuals with diabetes and celiac sprue
- Describe insulin pump therapy advanced functions
- Discuss current medications including use, benefits and cautions to manage diabetes
- State guidelines for preconception and management of diabetes and pregnancy
- Identify appropriate candidates for weight-loss surgery and protocols & procedures involved
- Discuss the use and interpretation of continuous glucose monitoring system sensors
- Explain intensive therapy for children with diabetes
- Identify strategies to increase success in receiving Medicare reimbursement of diabetes education
- Discuss art therapy as a means to manage depression in diabetes
- Describe strategies to assist clients with diabetes with a mental health diagnosis
- Understand laboratory tests utilized in management of diabetes & other endocrine disorders
- Understand the power of humor during difficult times especially in dealing with change

Conference Agenda

Sunday, October 21, 2007

- 3:00 pm **MeADE Board Meeting**
- 4:00 pm **Conference Registration**
- 5:00 pm **Poster Display Program and Wine & Cheese Reception**
- 6:00 pm **Dinner** - *Dinner is complimentary for MeADE members but pre-registration is required. Non-members may attend for an additional fee of \$30*
- 7:00 pm **MeADE Business Meeting**

Monday, October 22

- 7:00 am **Conference Registration**
- 8:00 am **Welcome, Introduction & Overview** – *Louise Pelletier, RN, CDE, MeADE President*
- 8:15 am **Keynote: Promoting Behavior Change in Diabetes: The Secret of the Seven Tipping Points**
William Polonsky, PhD, CDE, Behavioral Diabetes Institute & University of California San Diego
(support provided by Roche Diagnostics Corporation)
- 10:15 am **Stretch Break and Exhibit Viewing**
- 10:45 am **Keynote: ABCs & Zzzs: Sleep-Disordered Breathing, Type 2 Diabetes & Associated Comorbidities**
Lori Bellis, CRT, RCP, Regional Clinical Specialist, ResMed Corporation
(support provided by ResMed Corporation)
- 11:45 am **Remarks from Current and Past MeADE Presidents** – *Louise Pelletier, RN, CDE and Cindy Young, RN, CDE*
- 12:15 pm **Lunch and Exhibit Viewing**
- 1:00 pm **Workshop Session A (choose one)**
1. **Diabetes: Basic Overview and Diagnosis** – *Alicia Greenwald, MSN, FNP-C, BC-ADM, CDE, Chronic Disease Educator, Martin's Point Health Care*
 2. **Basics of Insulin Pump Therapy** – *Catherine Gels-Birch, RN, CDE, Clinical Supervisor, Eastern Maine Medical Center*
 3. **Diagnosis & Treatment of Celiac Sprue** – *Kay Mullin, RD, CDE, Maine Center for Diabetes*
 4. **Advanced Insulin Pumping: Meeting the Challenge** – *Stacey Starbird-Richmond, RN, CDE, Maine Center for Diabetes*
- 2:15 pm **Diabetes Medication Update** – *Carolyn Bauer, PharmD, Clinical Pharmacist, St. Mary's Regional Medical Center*
- 3:15 pm **Stretch Break and Exhibit Viewing**
- 3:45 pm **Workshop Session B (choose one)**
1. **Diabetes and Pregnancy: treating to Target** – *JoAnne Rizzotto, MEd, RD, LDN, CDE, Clinical Education Specialist, Smiths-Medical MDPM*
 2. **Weight Loss Surgery: A Treatment Option for Type 2 Diabetes** – *Lynn Bolduc, MS, RD, CDE, Clinical Coordinator, Surgical Weight Loss Program, Eastern Maine Medical Center*
 3. **Intensive Management in Children: From diagnosis into the future...** – *Jo Ann Ahern, APRN, MSN, CDE, BC-ADM, Aminos Corp.*
 4. **Art Therapy for the Treatment of Depression and Anxiety Disorders in Diabetes Patients** – *Dana Green, PA-C, Diabetologist, St. Joseph's Healthcare*

4:45 pm **Adjourn for the day**

Note: There may be several dinner educational sessions sponsored by industry representatives on Monday evening. More information will be available in conference confirmation information.

Tuesday, October 23

7:00 am **Conference Registration**

8:00 am **Introduction & Overview for the day** – Louise Pelletier, RN, CDE, MeADE President

8:10 am **Maine’s Public Health Infrastructure: Community Resources for Prevention and Management of Chronic Diseases** – Jim Leonard, MSW, Director, Diabetes Prevention & Control Program, Maine CDC

8:30 am **Keynote: Increasing Medicare Reimbursement Dollars for DSME and MNT**
Mary Ann Hodorowicz, RD, LDN, MBA, CDE, Mary Ann Hodorowicz Consulting LLC

10:00 am **Stretch Break & Exhibit Viewing**
(sponsored by the Maine Cardiovascular Health Council)

10:30 am **Workshop Session C** *(choose one)*

1. Continuous Glucose Monitoring Systems – Sheryl Bouchard, RN, CDE, St. Joseph’s Health Care
2. Diabetes Patients and Psych Issues – Susan Cooper, RN, Diabetes Educator, Bridgton Hospital
3. Diabetes and Pregnancy: treating to Target – JoAnne Rizzotto, MEd, RD, LDN, CDE, Clinical Education Specialist, Smiths-Medical MDPM (repeat)
4. You Don’t Have to be Einstein – Basic Endocrine Labs and Interpretation – Theresa Hainer, MSN, FNP, CDE, Diabetes & Endocrine Specialist of Maine

11:40 am **Laughing in the Face of Change** – Randy Judkins

12:40 pm **Evaluation & Adjournment**

Program subject to change without notice

About Sheraton South Portland Hotel _____

Guest Services

The Sheraton South Portland Hotel has an indoor heated pool and whirlpool, a fitness facility, and a sauna. All overnight rooms include hair dryer, iron & ironing board, and coffee maker. Broadband Internet with a T1 line is available for \$9.95 per day. Room service is available and parking is free. The Maine Mall is across the street.

Overnight Accommodations

Our special overnight room rate is \$109 single or double plus 7% tax.

Reserve your overnight accommodation by September 20 by logging on to:

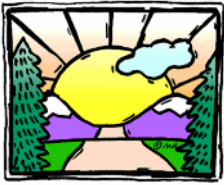
[Welcome Maine Association of Diabetes Educator](http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0703261571&key=76F1B) (click here or copy and paste the following into a browser) <http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0703261571&key=76F1B>

You may also call the Sheraton South Portland at 775-6161 by September 20 to make overnight room reservations. Be sure to mention Maine Association of Diabetes Educators when you call.

For more information & directions, go to www.starwoodhotels.com/sheraton

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REGISTRATION FEE: includes continental breakfast, lunch and conference materials. Pre-registration is required. Confirmations will be sent by email.

Full Conference Registration Nonmember: \$150 Monday only: \$100
Full Conference Registration MeADE Member: \$120 Tuesday only: \$50

DEADLINES:

- ◆ October 1: Become a MeADE member and qualify for the MeADE member rate
- ◆ October 1: Submit your conference registration. Refunds (less a \$25 processing fee) will be available for cancellations received by October 12. Substitutions are encouraged. Registered no-shows will be billed.

Name _____
First Name for Badge _____
Title _____
Credentials: _____
Organization _____
Address _____
Town / Zip _____
Phone _____ Fax _____
E-mail _____

_____ I request Vegetarian Lunch

Reasonable arrangements for persons with disabilities or special dietary needs will be made if requested before October 1. Contact Great Gatherings at 622-5330 or Susan@GreatGatherings.com

WORKSHOP CHOICE

(please indicate workshop code e.g. A1, B2)

Session A: 1st choice _____ 2nd choice _____
Session B: 1st choice _____ 2nd choice _____
Session C: 1st choice _____ 2nd choice _____

CONTINUING EDUCATION

I request CEUs from:

_____ American Nurses Association of Maine
_____ American Dietetic Association
_____ Maine Commission on Pharmacy
_____ American Medical Assn (Category I CME)
_____ I request a General Certificate of Attendance

REGISTRATION FEES

_____ Full Conference Registration: Nonmember \$150 _____
_____ Full Conference Registration: MeADE Member \$120 _____
_____ Single Day Registration: Monday only \$100 _____
_____ Single Day Registration: Tuesday only \$50 _____

Additional Activities & Items:

_____ **MeADE membership** (annual: July 1-June 30) \$20 _____
_____ Sunday Dinner: MeADE member \$0 _____
_____ Sunday Dinner: Nonmember \$30 _____
_____ MeADE T-Shirt (circle color & size below) \$15 _____
Color: Blue / Green
Size: Women's Small / Medium / Large
Men's Large / Extra Large

TOTAL AMOUNT \$ _____

MeADE MEMBERSHIP APPLICATION INFORMATION

_____ I am a member of National AADE. My membership number is _____
_____ I plan to join National AADE (www.aadenet.org) and will forward you my membership number.

PAYMENT INFORMATION

Please make check or purchase order out to "Maine Association of Diabetes Educators (MeADE)". Return form and payment by October 1 to: Great Gatherings LLC, PO Box 9005, Augusta ME 04338 or **fax to 207-622-6228**.

Credit Card Payments: Charge to _____ VISA _____ MC Card # _____
Exp Date _____ / _____ / _____ Cardholder's Name as shown on card _____
Signature _____ Authorized amount charged to your card: \$ _____

Questions? Please contact Great Gatherings LLC at 207-622-5330 or Susan@GreatGatherings.com

You may join MeADE and register online at www.mainediabeteseducators.org

Maine Association of Diabetes Educators

c/o Great Gatherings LLC

PO Box 9005

Augusta ME 04338

Conference Planning Committee

Jennifer Courtois, RN – *SMMC – Visiting Nurses – Biddeford*

Mary Fleming, RD, CDE - *Eastern Maine Medical Center, DENC - Bangor*

Rena Gels-Birch, RN, CDE – *EMMC – Bangor*

Laura Gordon, RN, CDE, Chronic Illness Care Mgr, *MMC Physician-Hospital Organization - Portland*

Cindy Hale, RD, CDE – *Diabetes Prevention & Control Program (DPCP) – Augusta*

Louise Pelletier, RN, CDE – *EMMC – Bangor*

Annie Rodrigue, RN - *MeCDC DHHS - Waterville*

Cindy Young, RN, CDE – *Maine Center for Diabetes – Scarborough*

Non-Discrimination Clause

The Department of Health and Human Services (DHHS) does not discriminate on the basis of disability, race, color, creed, gender, age, sexual orientation, or national origin, in admission to, access to or operation of its programs, services, activities or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Acts of 1964 as amended, Section 504 of the Rehabilitation Act of 1973 as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act. Questions, concerns, complaints, or requests for additional information regarding civil rights may be forwarded to the DHHS' ADA Compliance/EEO Coordinator, State House Station #11, Augusta, Maine 04333, 207-287-4289 (V) or 207-287 3488 (V), TTY: 800-606-0215. Individuals who need auxiliary aids for effective communication in programs and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinator. This notice is available in alternate formats, upon request.