

MaineHealth
Learning Community

A Partnership of MaineHealth and the Maine Physician Hospital Organization

OVERWEIGHT
Evidence and Insights from the Front Lines
OBESITY

Highlights and Wrap-up

Turning Information into Action

Highlights...

- Setting the Stage Around Obesity
- How to Get Started
- Early Infancy as a Critical Period
- Debunking Fad Diets
- Eating Disorders
- Obesity and Older Adults
- So much more!

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Rx for Improvement

I am committed to taking the following actions to
improve the way that I care for patients:

I will: _____

I will: _____

Circle the number that represents your confidence in completing these actions.

0 **1** **2** **3** **4** **5** **6** **7** **8** **9** **10**
Not sure at all Somewhat sure Very sure

Name: _____ Date: _____

Not sure how to get started? Need help? Contact the MaineHealth Learning Community! We offer: Regional Improvement Meetings, Practice Networking, Practice Improvement Series Meetings (PRISMs), and other tools and resources.

Visit our website: <http://www.mpho.org/MHLC>
to learn more!

Your Rx for Improvement

- What is one idea to turn information into action?
- What's one new tool you can use?
- What can YOU do to help make that happen?

CME! PRISM Evaluation Survey

- Will be in your email 'inbox' on **Tuesday, Sept. 22**
- You will have 2 weeks to complete
- Must complete to be eligible for CME
- Your feedback is important!

Today's Conference Materials

Hand-outs, presentations and articles
available on Maine PHO website as of
September 28:

<http://www.mpho.org/mhlc>

Coming Up Next: 2010 PRISMs!

→ Population Health: January 21

→ Patient Experience: May 20

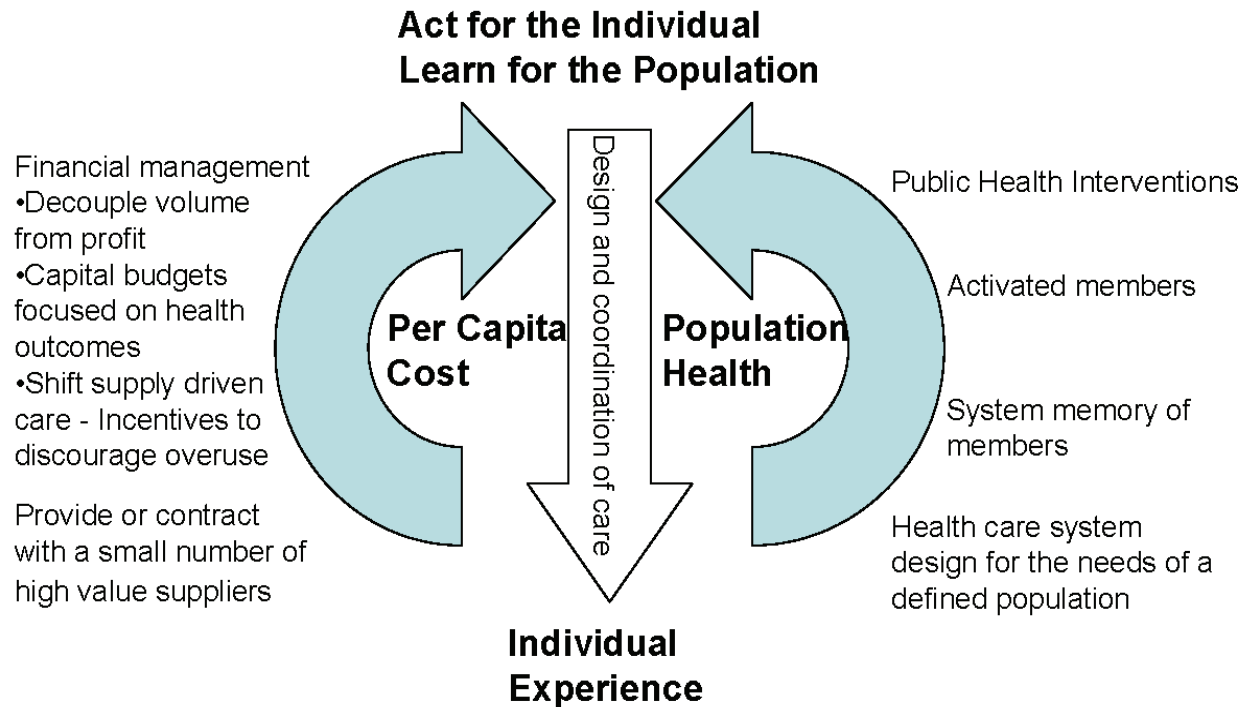
→ Cost & Efficiency: September 16

Triple Aim – Concept Design

Optimize the health system taking into account three dimensions:

- The **health** of a defined population
- The **experience** of the individual
- Per capita **cost** for the population

Triple Aim Model



Institute for Healthcare Improvement, 2007

Interested in Other Learning Community Offerings?

- Having a Regional Improvement Educational Meeting?
- Practice Networking?
- Signing up new providers to the MHLC?

Contact:

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MaineHealth Learning Community

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Raffles!

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Thank you!

A Practice Improvement Series Meeting (PRISM)