

MaineHealth

Learning Community

Asthma Self-Management Education Works!

Asthma patients can avoid unnecessary hospitalizations and visits to the ED when you refer them to an asthma educator. Take a look at the results with pediatric patients referred for asthma education at MMC during FY 08.

ED visits were reduced by almost 90% among 43 patients. Only 4 of the 43 patients used the ED during the 6 months after asthma education. Among 46 patients who were hospitalized prior to education, **none** were readmitted during the 6 months post asthma education. 78 parents reported missing work because of their child's asthma; at 6 month follow-up, only 6 had missed work. That's a 92% reduction.

Your patients can benefit from working with an asthma educator. Use this [referral form](#) to connect your patient with a nearby asthma educator. FAX this form today and your patients are on their way to knowing more about caring for themselves and making your job a little easier.