

## Group Medical Visit Key References May, 2009

### **IMPLEMENTATION RESOURCES**

Schirmer, JS, Barbel-Johnson, K, Duane, M, Elliott, M, Goldberg, A, Levin, K, Salloway, K, Shahady, E, Strickland, C, Yerdon McLeod, A. **Competency Based Curriculum: Group Medical Visits**

<http://www.fmdrl.org/group/index.cfm?event=c.showWikiHome&wikiId=15>

Theobald M, Masley S. **A guide to group visits for chronic conditions** affected by overweight and obesity. 2008. Available from:

[http://www.aafp.org/online/etc/medialib/aafp\\_org/documents/clinical/pub\\_health/aim/groupvisits.Par.0001.File.tmp/GroupVisitAIM.pdf](http://www.aafp.org/online/etc/medialib/aafp_org/documents/clinical/pub_health/aim/groupvisits.Par.0001.File.tmp/GroupVisitAIM.pdf)

Theobald M, Masley, S. **A guide to tobacco cessation group medical visits**

[http://www.aafp.org/online/etc/medialib/aafp\\_org/documents/clinical/pub\\_health/tobaccocessation/guidetobaccocess.Par.0001.File.dat/TobaccoCessGroupVisits.pdf](http://www.aafp.org/online/etc/medialib/aafp_org/documents/clinical/pub_health/tobaccocessation/guidetobaccocess.Par.0001.File.dat/TobaccoCessGroupVisits.pdf)

**Improving Chronic Illness Care website**

<http://www.improvingchroniccare.org/tools/criticaltools.html#groupvisit>

**Centering Healthcare Institute:** Group Care Across the Lifecycle.

<http://www.centeringpregnancy.com/>

**AAFP policy on shared medical appointments/group visits.**

<http://www.aafp.org/online/en/home/policy/policies/s/sharedmedapptsgrpvisits.html>

**How's Your Health:** health questionnaire, personal health hx, along with self management plans

<http://www.howsyourhealth.org>

### **ACT RESOURCES**

**Association for Contextual and Behavioral Science**

<http://www.contextualpsychology.org/acbs>

**ACT in New England**

<http://www.actinnewengland.com/>

**June 5: Mindfulness, Acceptance & Commitment:** Helping Clients Get Out of Their Minds and Into Their Lives. Greater Hartford, CT. Presenter: Steven Hayes, PhD. University of Connecticut, School of Medicine, Dept of Psychiatry.

**June 5: Introduction to Acceptance & Commitment Therapy.** Portland, ME. Presenters: Joel Guarna, PhD & Elizabeth Kubik, PhD. White Pine Institute. Level: Introductory.

**June 10: The Use of Acceptance and Commitment Therapy when approaching “Dug in” chronic pain: A new direction.**

**July 17: Acceptance and Commitment: An Experiential Approach to Behavior Change.**

Robyn Walser, PhD will present as part of the 2009 Adult Psychopathology Summer Institute at

the University of Southern Maine in Portland. The time of Robyn's presentation appears to be 1:00-3:30 pm on this date. Check the USM website for more specific info.

**August 10-14. Using ACT to Help Your Clients Get Out of Their Minds and Into Their Lives.** Cape Cod, MA. Presenter: Steven Hayes, PhD. Cape Cod Institute.

### **OUTCOMES**

Gaynor, CH, Vincent, C, Safranek, S. **Group medical visits for the management of chronic pain.** *American Family Physician.* 2007;76(11).

<http://www.aafp.org/afp/20071201/fpin.html>

Beck A, Scott J, Williams P, et al. A randomized trial of group outpatient visits for chronically ill older HMO members: the cooperative health care clinic. *J Am Geriatr Soc* 1997; 45: 543-9.

Coleman E, Grothaus L, Sandhu N, Wagner E. Chronic care clinics: a randomized\ controlled trial of a new model of primary care for frail older adults. *J Am Geriatr Soc* 1999; 47: 775-83.

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Jabar, R, Braksmajer, A & Trilling, J. Group visits for chronic illness care: models, benefits and challenges. *Family Practice Management.* January, 2006.

Masley S, Phillips S, Copeland JR. Group office visits change dietary habits of patients with coronary artery disease. *J Fam Pract* 2001; 50: 235-9.

Sadur CN, Moline N, Costa M, et al. Diabetes management in a health maintenance organization: efficacy of care management using cluster visits. *Diabetes Care* 1999; 22: 2011.

Scott JC, Conner DA, Venohr I, et al. Effectiveness of a group outpatient visit model for chronically ill older health maintenance organization members: a 2-year randomized trial of the cooperative health care clinic. *J Am Geriatr Soc* 2004; 52: 1463-70.

Trento M, Passera P, Bajardi M, et al. Lifestyle intervention by group care prevents deterioration of type II diabetes: a 4-year randomized controlled clinical trial. *Diabetologia* 2002; 45: 1231-9.

Trento M, Passera P, Borgo E, et al. A 5-year randomized controlled study of learning, problem solving ability, and quality of life modifications in people with type 2 diabetes managed by group care. *Diabetes Care* 2004; 27: 670-5.

Wagner E, Grothaus L, Sandhu N. Chronic care clinics for diabetes in primary care. *Diabetes Care* 2001; 25: 695 - 700.